



Metro-North Railroad

New Haven Line

Effective October 10 –11, 2026 only

Grand Central New York City Harlem – 125th St	Fordham Mt. Vernon East Pelham New Rochelle	Larchmont Mamaroneck Harrison Rye Port Chester	Greenwich Cos Cob Riverside Old Greenwich	Stamford Noroton Hgts Darien Rowayton	South Norwalk East Norwalk	Westport Greens Farms Southport Fairfield Fairfield – Black Rock	Bridgeport Milford	Stratford	West Haven New Haven New Haven – State St
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Schedule Links

Saturday & Sunday

[To Grand Central](#)

[To New Haven](#)

Key

- A** – [Amtrak](#) connection
- C** – **Change trains** to continue your trip
- D** – **Discharges** customers only
- H** – Stops primarily to discharge customers.
Train may depart up to **5 minutes earlier** than the time shown
- R** – **Receives** customers only
-  **UniTicket** (combined monthly rail/bus ticket) is available for bus service between train station and residential area or worksites
-  – [Airport connecting service](#)
-  – Tactile warning strips, audio/visual passenger information, ramps, and/or elevators available in station and on platforms.
-  – Platforms have ramps and/or elevators.
An accessible path between platforms or tactile warning strips may not be available.

See information on [ADA accommodations](#)

General Info

Peak tickets are required on trains that:

- Arrive at Grand Central on weekdays between 6 AM – 10 AM
- Depart from Grand Central on weekdays between 6 AM – 9 AM and between 4 PM – 8 PM

Reduced fares

- Senior (65+)/People with Disabilities and Medicare customers will be charged half the peak fare. [Must present proper ID.](#)
[See details](#)

Bicycles

Visit our website at [mta.info](#) for our [full bike policy](#).



- **Bicycles NOT permitted** on:
 - inbound AM peak trains
 - on trains with the NO BIKE symbol
 - outbound PM peak trains
 - or on some holidays

Weekday off-peak trains

unless noted allow a maximum 4 bicycles per train:
no more than 2 bicycles per car.

Weekend off-peak trains

allow a maximum 8 bicycles per train:
no more than 2 bicycles per car.



- **“Bike Train”** a maximum of 15 bicycles are permitted on trains marked with this symbol.



- **New York State Law prohibits smoking and vaping on all MTA Metro-North Railroad property** at all times. Including, but not limited to all trains; stations; terminals; platforms; ticketing, waiting, and boarding areas; elevators; and staircases.

Useful links

[mta.info/mnr](#)

[mta.info/schedules](#)

[mta.info](#)

More Details on:

[Ticket Information](#)

[Contact Information](#)

[Connecting Services](#)

Other New Haven Line PDFs

[New Canaan Branch Schedule](#)

[Danbury Branch Schedule](#)

[Waterbury Branch Schedule](#)

Download the [TrainTime App](#)

Download on the
App Store

GET IT ON
Google Play



2026 HolidaysSchedule

9/7 Labor Day	Sunday
11/26 Thanksgiving Day	Special
11/27 Friday after Thanksgiving.....	Saturday + Extras
12/24 Christmas Eve.....	Friday
12/25 Christmas Day	Hourly
12/31 New Year's Eve.....	Special

2027 HolidaysSchedule

1/1 New Year's Day.....	Special
1/18 M.L.King Jr. Day.....	Saturday + Extras
2/16 Presidents Day	Saturday
5/31 Memorial Day	Sunday

MILES	TO NEW YORK	🚲																																					
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72	New Haven	A	🚲	PM 1 25	PM 1 31	PM	PM 2 37	PM	PM	PM 3 37	PM	PM	PM 4 37	PM	PM	PM	PM	PM 5 17	PM	PM 5 39	PM	PM 6 17	PM	PM 6 39	PM	PM 7 17	PM	PM 7 39	PM	SATURDAY ONLY	PM 8 39	PM	PM 9 39	PM	PM 10 45	AM	PM 11 39	AM	
69	West Haven	🚲	PM 1 35		PM 2 42			PM 3 42				PM 4 42					PM 5 22		PM 5 44		PM 6 22		PM 6 44		PM 7 22		PM 7 44				PM 8 44		PM 9 44		PM 10 50		PM 11 44		
63	Milford	🚲		1 42		2 50		3 50				4 50					5 29		5 52		6 29		6 52		7 29		7 52				8 52		9 52		10 57		11 52		
59	Stratford	🚲		1 49		2 56		3 56				4 56					5 36		5 58		6 36		6 58		7 36		7 58				8 58		9 58		11 04		11 58		
55	Bridgeport	A	🚲	1 46	1 55	3 03		4 03				5 03					5 42		6 05		6 42		7 05		7 42		8 05				9 05		10 05		11 10		12 05		
53	Fairfield-Black Rock	🚲	1 52	2 00													5 48		6 11		6 48		7 11		7 48		8 11				9 11		10 11		11 16		12 11		
51	Fairfield	🚲	1 55	2 03													5 51		6 15		6 51		7 15		7 51		8 15				9 15		10 15		11 19		12 15		
49	Southport	🚲	1 58	2 06															6 18				7 18				8 18				9 18		10 18		11 22		12 18		
47	Green's Farms	🚲	2 01	2 10															6 21				7 21				8 21			9 21		10 21		11 25		12 21			
44	Westport	🚲	2 06	2 16													6 00				7 00			7 26		8 00		8 26			9 26		10 26		11 31		12 26		
42	East Norwalk																																						
41	South Norwalk	🚲	2 13	2 24				3 33				4 33				5 33		6 06		6 33		7 06		7 33		8 06		8 33			9 33		10 33		11 38		12 33		
39	Rowayton	🚲	2 17	2 28				3 37				4 37			5 37					6 37				7 37				8 37			9 37		10 37		11 42		12 37		
38	Darien	🚲	2 20	2 32				3 41				4 41			5 41			6 12		6 41		7 12		7 41		8 12		8 41			9 41		10 41		11 46		12 41		
36	Noroton Heights	🚲	2 23	2 35				3 44				4 44			5 44					6 44				7 44				8 44			9 44		10 44		11 49		12 44		
41	NEW CANAAN BRANCH	🚲				C 2 28		C 3 28				C 4 28			C 5 28					C 6 28				C 7 28				C 8 28			C 9 28		C 10 28		C 11 28				
39		New Canaan	🚲				C 2 33		C 3 33				C 4 33			C 5 33					C 6 33				C 7 33				C 8 33			C 9 33		C 10 33					
37		Talmadge Hill	🚲				C 2 37		C 3 37				C 4 37			C 5 37					C 6 37				C 7 37				C 8 37			C 9 37		C 10 37		C 11 37			
35		Springdale	🚲				C 2 40		C 3 40				C 4 40			C 5 40					C 6 40				C 7 40				C 8 40			C 9 40		C 10 40		C 11 40			
33	Glenbrook	🚲				C 2 45		C 3 45				C 4 45			C 5 45					C 6 45				C 7 45				C 8 45			C 9 45		C 10 45		C 11 47				
33	Stamford Ar.	A	🚲																																				
33	Stamford L.V.	A	🚲	2 29	2 41	2 28		3 01	3 28	3 51				5 01	5 28	5 51	6 01	6 20	6 28	6 51	7 01	7 20	7 28	7 51	8 01	8 20	8 28	8 51	9 01	9 28	9 51	10 03	10 51	11 08	11 56	12 08	12 51	12 54	
31	Old Greenwich	🚲			2 31		3 04	3 31						5 04	5 31				6 31		7 04		7 31		8 04		8 31		9 04	9 31		10 06		11 11		12 11		12 57	
30	Riverside	🚲			2 33		3 06	3 33						5 06	5 33				6 33		7 06		7 33		8 06		8 33		9 06	9 33		10 08		11 13		12 13		12 59	
30	Cos Cob	🚲			2 35		3 08	3 35						5 08	5 35				6 35		7 08		7 35		8 08		8 35		9 08	9 35		10 10		11 15		12 15		1 01	
28	Greenwich	🚲			2 39		3 12	3 39						5 12	5 39				6 39		7 12		7 39		8 12		8 39		9 12	9 39		10 14		11 19		12 19		1 05	
26	Port Chester	🚲			2 43		3 16	3 43						5 16	5 43				6 43		7 16		7 43		8 16		8 43		9 16	9 43		10 18		11 23		12 23		1 09	
26	Rye	🚲			2 46		3 19	3 46						5 19	5 46				6 46		7 19		7 46		8 19		8 46		9 19	9 46		10 21		11 26		12 26		1 12	
22	Harrison	🚲					3 24	3 51						5 24	5 51				6 51		7 24		7 51		8 24		8 51		9 24	9 51		10 26		11 31		12 31		1 17	
21	Mamaroneck	🚲					3 27	3 54						5 27	5 54				6 54		7 27		7 54		8 27		8 54		9 27	9 54		10 29		11 34		12 34		1 20	
19	Larchmont	🚲					3 30	3 57						5 30	5 57				6 57		7 30		7 57		8 30		8 57		9 30	9 57		10 32		11 37		12 37		1 23	
17	New Rochelle	A	🚲				3 34	4 01						5 34	6 01				7 01		7 34		8 01		8 34		9 01		9 34	10 01		10 36		11 41		12 41		1 28	
15	Pelham	🚲					3 38	4 05						5 38	6 05				7 05		7 38		8 05		8 38		9 05		9 38	10 05		10 40		11 45		12 45		1 32	
14	Mount Vernon East	🚲					3 41	4 08						5 41	6 08				7 08		7 41		8 08		8 41		9 08		9 41	10 08		10 43		11 48		12 48		1 35	
9	Fordham (E. 190th)	🚲					3 49	4 16						5 49	5 16				6 49		7 16		8 16		8 49		9 16		9 25	9 49	10 16		10 51		11 56		12 56		1 43
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MILES TO NEW HAVEN																																										
		3042	6538 6738	6340	6342	3046	6542 6742	6344	6346	3050	6546 6746	6348	6350	6550 6750	6352	6552	6354	6554 6754	6356	6556	6358	6558 6758	6360	6560	6362	6562 6762	6364	6564	6366	6566 6766	6568	6370	6372	6570 6770	6374	6598 6798	6300	6500	6302	6502	6304	
0	Grand Central	PM	PM 3 02	PM 3 05	PM 3 36	PM	PM 4 02	PM 4 05	PM 4 33	PM	PM 4 59	PM 5 05	PM 5 36	PM 6 02	PM 6 05	PM 6 34	PM 6 36	PM 7 02	PM 7 05	PM 7 34	PM 7 36	PM 8 02	PM 8 05	PM 8 34	PM 8 36	PM 9 02	PM 9 05	PM 9 34	PM 9 38	PM 10 06	PM 10 34	PM 10 38	PM 11 07	PM 11 28	PM 11 38	AM 12 07	AM 12 25	AM 1 07	AM 1 15	AM 1 47	AM 1 57	
4	Harlem-125th St.		R 3 12	R 3 15	R 3 46		R 4 12	R 4 15	R 4 43		R 5 09	R 5 15	R 5 46	R 6 12	R 6 15	R 6 44	R 6 46	R 7 12	R 7 15	R 7 44	R 7 46	R 8 12	R 8 15	R 8 44	R 8 46	R 9 12	R 9 15	R 9 44	R 9 48	R 10 16	R 10 44	R 10 48	R 11 17	R 11 38	R 11 48	R 12 17	R 12 35	R 1 17	R 1 25	R 1 57	R 2 07	
9	Fordham (E. 190th)			3 23	3 54			4 23	4 51			5 23	5 54		6 23		6 54		7 23		7 54		8 23		8 54		9 23		9 56		10 56	11 25		11 56		12 43		1 33				
14	Mount Vernon East			3 33	4 04			4 33	5 01			5 33	6 04		6 33		7 04		7 33		8 04		8 33		9 04		9 33		10 06		11 06	11 35		12 06		12 52		1 42		2 10		
15	Pelham			3 36	4 07			4 36	5 04			5 36	6 07		6 36		7 07		7 36		8 07		8 36		9 07		9 36		10 09		11 09	11 38		12 09		12 55		1 45		2 12		
17	New Rochelle			3 40	4 11			4 40	5 08			5 40	6 11		6 40		7 11		7 40		8 11		8 40		9 11		9 40		10 13		11 13	11 42		12 13		12 58		1 48		2 14		
19	Larchmont			3 44	4 15			4 44	5 12			5 44	6 15		6 44		7 15		7 44		8 15		8 44		9 15		9 44		10 17		11 17	11 46		12 17		1 02		1 52		2 16		
21	Mamaroneck			3 47	4 18			4 47	5 15			5 47	6 18		6 47		7 18		7 47		8 18		8 47		9 18		9 47		10 20		11 20	11 49		12 20		1 05		1 55		2 17		
22	Harrison			3 50	4 21			4 50	5 18			5 50	6 21		6 50		7 21		7 50		8 21		8 50		9 21		9 50		10 23		11 23	11 52		12 23		1 08		1 58		2 18		
24	Rye			3 54	4 25			4 54	5 22			5 54	6 25		6 54		7 25		7 54		8 25		8 54		9 25		9 54		10 27		11 27	11 56		12 27		1 12		2 02		2 19		
26	Port Chester			3 57	4 28			4 57	5 25			5 57	6 28		6 57		7 28		7 57		8 28		8 57		9 28		9 57		10 30		11 30	11 59		12 30		1 15		2 05		2 20		
28	Greenwich			4 01	4 32			5 01	5 29			6 01	6 32		7 01		7 32		8 01		8 32		9 01		9 32		10 01		10 34		11 34	12 03		12 34		1 19		2 09		2 21		
30	Cos Cob			4 05	4 36			5 05	5 33			6 05	6 36		7 05		7 36		8 05		8 36		9 05		9 36		10 05		10 38		11 38	12 07		12 38		1 23		2 13		2 22		
30	Riverside			4 07	4 38			5 07	5 35			6 07	6 38		7 07		7 38		8 07		8 38		9 07		9 38		10 07		10 40		11 40	12 09		12 40		1 25		2 15		2 23		
31	Old Greenwich			4 10	4 41			5 10	5 38			6 10	6 41		7 10		7 41		8 10		8 41		9 10		9 41		10 10		10 43		11 43	12 12		12 43		1 28		2 18		2 23		
33	Stamford Ar.			3 54	4 22	4 53		4 54	5 22	5 50		5 51	6 22	6 53	6 54	7 22	7 26	7 53	7 54	8 22	8 26	8 53	8 54	9 22	9 26	9 53	9 54	10 22	10 26	10 55	10 58	11 26	11 55	12 24	12 16	12 55	1 28	1 49	1 56	2 47	2 36	3 10
33	NEW CANAAN BRANCH	Stamford Lv.		C 4 01			C 5 01				C 6 01			C 7 01			C 8 01				C 9 01				C 10 01	SATURDAY ONLY				C 11 01			C 12 20			C 1 06						
35		Glenbrook		C 4 05			C 5 05				C 6 05			C 7 05			C 8 05				C 9 05				C 10 05					C 11 05			C 12 24			C 1 10						
37		Springdale		C 4 08			C 5 08				C 6 08			C 7 08			C 8 08				C 9 08				C 10 08					C 11 08			C 12 27			C 1 13						
39		Talmadge Hill		C 4 12			C 5 12				C 6 12			C 7 12			C 8 12				C 9 12				C 10 12					C 11 12			C 12 31			C 1 18						
41		New Canaan		C 4 18			C 5 18				C 6 18			C 7 18			C 8 18				C 9 18				C 10 18					C 11 18			C 12 38			C 1 26						
35	Noroton Heights			4 00			5 00			5 57				7 00			8 00				9 00				10 00	SATURDAY ONLY				C 11 04			12 21			1 01		2 01		2 41		
38	Darien			4 03			5 03			6 00				7 03	7 33		8 03		8 33		9 03	9 33		10 03			10 33			11 07	11 33		12 24		1 04		2 04		2 44			
39	Rowayton			4 06			5 06			6 03				7 06			8 06				9 06				10 06					11 10			12 27		1 07		2 07		2 47			
41	South Norwalk			4 21			5 21				6 14			7 11			8 11		8 39		9 11		9 39		10 11			10 39			11 15	11 39		12 31		1 11		2 11		2 51		
42	East Norwalk														7 39		8 11		8 39		9 11		9 39		10 11				10 43			11 22	11 43		12 38		1 18		2 18		2 58	
44	Westport													7 18		7 43		8 18		8 43		9 18		9 43		10 18			11 26			12 43		1 22		2 22		3 02				
47	Green's Farms													7 22			8 22				9 22				10 22				11 30			12 46		1 26		2 26		3 06				
49	Southport													7 26			8 26				9 26				10 26				11 34		11 52		12 49		1 29		2 29		3 09			
51	Fairfield													7 30		7 52		8 30		8 52		9 30		9 52		10 30		10 52					12 52		1 32		2 32		3 12			
53	Fairfield-Black Rock													7 33		7 55		8 33		8 55		9 33		9 55		10 30		10 55			11 37	11 55		12 52		1 32		2 32		3 12		
55	Bridgeport		4 01			5 01				6 01				7 40		8 02		8 40		9 02		9 40		10 02		10 40		11 02		11 44	12 02		12 58		1 38		2 38		3 18			
59	Stratford		4 08			5 08				6 08				7 47		8 08		8 47		9 08		9 47		10 08		10 47		11 08		11 51	12 08		1 05		1 45		2 45		3 24			
63	Milford		4 15			5 15				6 15				7 54		8 15		8 54		9 15		9 54		10 15		10 54		11 15		12 08	12 15		1 12		1 52		2 51		3 30			
69	West Haven		H 4 22			H 5 22				H 6 22				H 8 01		H 8 22		H 9 01		H 9 22		H 10 01		H 10 22		H 11 01		H 11 22		H 12 05	H 12 22		H 1 19		H 1 59		H 2 58		H 3 37			
72	New Haven		4 38	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM		



Ticket info

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MTA Metro-North Railroad

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Lexington Av: **M101, M102, M103**

Madison Av: **M1, M2, M3, M4**

Harlem–125th Street **4 5 6**

125 St: **SBS M60** to Laguardia Airport, **M125, M101**

Lexington Av: **M101, M103**

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